



## Drumstick Dash Training Class

ClubRun Membership Registration			
Membership Information (Circle)		Current	New Member
Name:		Birthdate:	M F
Address:			
City:		State:	Zip:
E-Mail:		Years Running:	
Signature:			

Drumstick Dash Training Registration Information			
Number of prior races:	5K	10K	Other
Best time:	5K	10K	Other
Drumstick Dash Goals:			
Waiver & Release: I understand and acknowledge that running on the roads is a potentially dangerous activity. I certify that I have full knowledge of the risks involved in this activity and that I am physically fit and sufficiently trained to participate. I do hereby waive and release any and all claims for damages that I may occur as a result of my participation with ClubRun, its officers, directors, employees, agents, coaches and volunteers.			
Signature:		Date:	

Complete form and mail to Club Run, 901 N 3rd St #414, Minneapolis, MN 55401  
 Include applicable fee (Members - \$35, Non-members - \$60) payable to ClubRun

ClubRun Membership includes ClubRun technical singlet. Membership will expire on December 31, 2009.